



# BREAKFAST

UNTIL 11:45AM

## EGGS BENEDICT

Poached eggs, wilted spinach & hollandaise  
On sourdough V 20  
On corn & zucchini fritters GF V 24.5  
Add bacon 4  
Add smoked salmon 6

## AVO-LICIOUS

Oceans avo toast made with sourdough, smashed avo, topped with salad of spinach and wild rocket, cherry tomatoes, spicy seeds & mung bean, with a raspberry vinaigrette VG GFP 18  
Add 2 poached eggs 6

## BREAKY CHILLI SCRAMBLE

Oceans scrambled eggs cooked with chilli flakes & parsley on sourdough with pecorino & chilli oil 22

## BREKKY BRUSCHETTA

2 Poached eggs, smashed avo, marinated feta, sliced tomato, basil oil & almond dukkha on wholemeal miche V GFP 22  
Add bacon 4

## OCEANS SHAKSHUKA

2 poached eggs in a rich fragrant sauce of chickpeas, red capsicum & roast tomatoes topped with feta served with pita & labne VGP GF 22  
Add chorizo 4

## SURFER'S WRAP

Bacon, fried egg, halloumi, spinach, sliced tomato, smashed avo & aioli 19.5

## RICOTTA PANCAKES

Thick ricotta pancakes, mascarpone, seasonal berries & maple syrup V 24  
Add bacon 4

## OCEANS WAFFLES

Belgian waffles, mascarpone, maple syrup & seasonal berries V 22.5  
Add bacon 4

## BACON & EGG ROLL

Bacon, fried egg & choice of sauce GFP 10.5  
Add cheese 1  
Add smashed avo 3  
Add hash brown 3

## HEAVENLY MUSHROOM OMELETTE

Cooked in the French style with three eggs, mushrooms with truffle oil, potato, spinach, goat's cheese, chermoula, wild rocket & basil oil V GF 24  
Add toast 2

## CORN & ZUCHHINI FRITTERS

Stacked fritters, 2 poached eggs, smashed avo, labna, chilli jam & basil oil V GF 24  
Add bacon 4

## ACAI BOWL

Sorbet style Acai, house made nutty granola, shaved coconut & seasonal fruits GFP VG 18  
Add Nutella

## BIRCHER MUSELI

Rolled oats soaked in almond milk, dried fruit, served with natural yoghurt, julienne apple, passionfruit & almonds V VGP 19.5

# FOR THE MINI

JUST FOR THE LITTLE GUYS 12 & UNDER ONLY

## KIDS EGGS ON TOAST

1 egg cooked your way on sourdough V GFP 10  
Add bacon 4  
Add hash brown 3

## KIDS BACON & ROLL

Bacon, fried egg, choice of sauce GFP 10.5

## KIDS PANCAKES

Thick pancake, nutella, seasonal berries 14  
Add bacon 4

## OCEANS BIG BREAKFAST

Eggs your way, bacon, chipolata sausage, roast cherry tomatoes, wilted spinach, sauteed mushrooms, hash brown & sourdough GFP 28

# BUILD YOUR OWN

## TOAST

Sourdough or wholemeal miche served with honey, raspberry jam or vegemite 9.75  
Gluten free or turkish bread add 1

## EGGS & TOAST

Eggs your way, sourdough or wholemeal miche 16 Gluten free or turkish bread add 1

## EXTRAS

Hash brown, chilli jam, roast cherry tomatoes, extra egg, wilted spinach 3 each  
Chipolata sausage, bacon, smashed avo, marinated feta, fritter 4 each  
Smoked salmon, sauteed mushrooms, halloumi 6 each

NO SUBSTITUTIONS

Please advise staff of all allergies and dietary requirements

Check out  
the cabinet  
for  
something  
small and  
delicious

[www.oceansnarrabeen.com.au](http://www.oceansnarrabeen.com.au)

V = VEGETARIAN VG = VEGAN GF = GLUTEN FREE P = POSSIBLE

# OCEANS

NARRABEEN

## TO DRINK

### BARISTA

Short black, piccolo, macchiato 5  
Flat white, cappuccino, latte, long black,  
hot chocolate, mocha, chai latte,  
iced latte, iced long black sml 5 lrg 5.5  
Oceans Magic - double ristretto 3/4 latte 5.5  
Prana chai tea, turmeric Latte 7  
Cold brew 7

Bonsoy/almond/oat 1  
Decaf 1  
Extra shot .5  
Vanilla/hazelnut/caramel .5

Affogato; double shot with ice-cream 12

English breakfast, earl grey, peppermint, oriental  
jasmine green, honey dew green, lemongrass &  
ginger, oolong rose, chamomile blossom 5.5

### WATER

Purezza sparkling unlimited per person 5

### COLD PRESSED JUICE

#### SUMMER BERRY

Strawberry, lemon, apple & mint 9.8

#### C MONSTER

Orange, apple, carrot, ginger & turmeric 9.8

#### DAILY GREENS

Kale, apple, cucumber, celery, pineapple, spinach,  
ginger & lime 9.8

### KIDS JUICE

Orange, apple 6.5

### SOFT DRINKS

Coke, diet coke, coke zero, fanta, sprite, solo,  
creaming soda 6.5

Bundaberg ginger beer 6.5

### SPIDER

Soft drink with a scoop of ice-cream 8.5

## FOR THE ADULTS FROM 10AM

### BAILEY'S MILKSHAKE

Shot of Bailey's, chocolate syrup or coffee shot,  
milk, ice-cream 18

### BAILEY'S HOT CHOCOLATE

Shot of Bailey's in a yummy Belgium hot chocolate 16

### MARGARITA

Tequila, cointreau, lime with a salt rim 20

### APEROL SPRITZ

Aperol, Prosecco, soda, fresh orange 18

### MIMOSA

Prosecco & orange juice 18

## MILK BAR

AVAILABLE TILL 5PM

### MILKSHAKES

Chocolate, strawberry, caramel, vanilla, coffee 8.8  
Kids size 7.8

### THICKSHAKES

Chocolate, strawberry, caramel, vanilla, coffee  
9.75

### ICED DRINKS

Coffee, mocha, chocolate, chai 9.75

### SMOOTHIES

Banana, mixed berry or mango  
Made with milk, ice cream and yoghurt 9.75  
Kids size 7.8

### ACAI SMOOTHIE

Acai berry, banana and apple juice 10

### FRAPPES

Mixed berry or mango DF  
coffee, chocolate, mocha with whipped cream 9.75

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requirements

[www.oceansnarrabeen.com.au](http://www.oceansnarrabeen.com.au)

10% surcharge sun days & 15% public holidays  
Credit charges apply