# OCEANS NARRABEEN

RELAX. UNWIND. ENJOY. DAILY

ENTREES	GARLIC BREAD (4) On turkish 13 COFFIN BAY OYSTERS Served with mignonette sauce & lemon GF DF On the half shell 4.5 each Market fresh daily, available until sold out SALT & PEPPER SQUID Sumac salt, chilli, lemon, aioli GF 18.5 BUFFALO WINGS (8) Hot sauce, carrot, celery & blue cheese ranch	SEAFOOD PASTA HEALTHY OPTIONS	<ul> <li>POKE BOWL</li> <li>Silken tofu, avocado, carrot, red cabbage, brown rice, cucumber, seaweed with a soy, ginger &amp; mirin dressing VG GF 22</li> <li>Add grilled chicken 6</li> <li>Add sashimi tuna. 7</li> <li>OREEK SALAD</li> <li>Olives, capsicum, cherry tomatoes, red onion, cucumber, feta, mixed leaves, citrus dressing &amp; balsamic glaze V GF VGP 14</li> <li>Add grilled chicken 6</li> <li>ROASTED PUMPKIN</li> <li>Served with goat cheese mousse, pomegranate,</li> </ul>
	sauce GF 15 SPICY TUNA TARTARE Served on a bed of smashed avocado & green oil,		toasted seeds, crispy kale, chermoula, almond dukkah & cumin seed GF V VGP 26
	served with crispy corn tortilla GF 24 HALLOUMI (5) Honey and black sesame seeds V GF 14.5		<b>CRAB &amp; PRAWN LINGUINI</b> Garlic, chilli, white wine, cherry tomatoes, fresh herbs, parmesan & lemon 36
	TOMATO & RASPBERRY VINAIGRETTE BRUSCHETTA (2) On grilled focaccia with danish feta, oregano & balsamic glaze V VGP 16		<b>RIGATONI ALLA NORMA</b> Cooked in a spicy tomato sauce with eggplant, cherry tomato, thyme, whipped ricotta cheese & pecorino V VGP 26
	PRAWN ROLLS (4) Bite size rolls filled with steamed prawns, seafood sauce & chives, topped with pink peppercorns 16		STEAMED BLACK MUSSELS Tomato & mild chilli base served with turkish bread GFP 29 PAN FRIED CONE BAY BARRAMUNDI
TACOS (2)	Substitute tortilla for lettuce cups GF Add extra taco 9.5		Creamy potato bake, seasonal greens & lemon butter sauce GF 38
	GOATS CHEESE CROQUETTE Panko crumbed croquette, crispy slaw, smashed avocado, mango & tomato salsa, chipotle aioli, on wheat tortilla V 19.5		FISH & CHIPS Market fresh beer battered fish, chips & side salad with house tartare & lemon 29
	SESAME CRUSTED SEARED TUNA Sashimi grade tuna served on crispy slaw,		V = VEGETARIAN VG = VEGAN GF = GLUTEN FREE P = POSSIBLE
	smashed avocado, tomato salsa, chipotle aioli on wheat tortilla 20 <b>PULLED PORK</b> Slow cooked pulled pork, crispy slaw, smashed avocado, tomato salsa, jalapeños & chipotle aioli on wheat tortilla 19.5		Food allergies: Please be aware that all care is taken when catering for special requirements. It must be noted that, within the premises, we handle, nuts, seafood, shellfish, sesame, seeds, wheat, flour, eggs & dairy products. Customers requests will be catered for to the best of our ability, but the decision to consume a meal is the responsibility of the diner.
NO SUBSTITUTIONS 10% SURCHARGE SUNDAYS			
15% PUBLIC HOLIDAYS			

**CREDIT CARD CHARGES APPLY** 

# **) C E A N S**

NARRABEEN DINNER

Lettuce "buns" available on request

#### **GRILLED BARRAMUNDI**

Grilled barramundi fillet, tomato, onion, lettuce, cheese, jalapeños, chipotle aioli GFP 28 Add bacon or smashed avo 3 each ANGUS BEEF Angus beef patty, cheese, beetroot, tomato, onion, pickle, lettuce, aioli, tomato relish GFP 27 Add bacon or smashed avo 3 each PULLED PORK Slow cooked pulled pork with crispy slaw,

jalapeños, pickles & chipotle aioli GFP 26 Add bacon or smashed avo 3 each

#### m **BUFFALO CHICKEN**

Chicken thigh, hot sauce, lettuce, tomato, onion, cheese, aioli GFP 26 Add bacon or smashed avo 3 each

#### NEW YORK MB2 SIRLOIN 300G 44 EYE FILLET 250G 48

T-BONE 400G 50

Served with rocket, pear & parmesan salad and your choice of

#### Hot chips or potato bake

#### Sauce

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Oceans sticky BBQ glaze 3

Creamy green peppercorn jus 4

Mushroom Sauce 4 Surf & Turf Option

Add prawn skewer 6

#### OCEANS SIGNATURE BBQ PORK RIBS 600G

Sticky glaze, traditional coleslaw & hot chips 52

#### 12 HOUR SLOW COOKED PORK BELLY

On a bed of sweet potato mash with zucchini, roast baby carrots, crispy kale with mustard and cider sauce GF 38

HOT CHIPS & AIOLI SML 8 | LG 10

**GREEK SALAD** 8

COLESLAW 8

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ROCKET, PEAR & PARMESAN 8

**SEASONAL GREENS & ALMONDS** 12.5

#### JUST FOR THE LITTLE GUYS 12 & UNDER ONLY

#### **CHEESE BURGER & CHIPS** Meat patty, cheese, tomato & lettuce 14

**GRILLED CHICKEN BURGER & CHIPS** Grilled chicken, lettuce, tomato & aioli 14

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**KIDS STEAK & CHIPS** Minute steak & chips 14

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**KIDS RIBS & CHIPS** 330g BBQ pork ribs & chips 18.5

**KIDS PASTA** Linguini, bolognese sauce, parmesan cheese 14

**KIDS FISH & CHIPS** Battered fish & chips 14

**KIDS BUTTERBOY SUNDAE** Nutella, chocolate & vanilla bean ice creams, whipped cream, strawberries, Butter Boy cookie 12

LIME CHEESECAKE Vanilla bean ice cream, berry compote 14

#### STICKY DATE PUDDING

Butterscotch sauce, vanilla bean ice cream, walnut praline, honeycomb & raspberry crunch, chantilly cream, seasonal berries 14



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#### CHOCOLATE BROWNIE

Vanilla bean ice cream & fresh strawberries 14

### **BUTTERBOY SUNDAE**

Nutella, chocolate & vanilla bean ice creams, whipped cream, strawberries, Butter Boy cookie 12

#### MANGO PUDDING

With fresh mango, seasonal berries & coconut sorbet GF VG 14

#### **AFFOGATO**

Double espresso, vanilla ice-cream and liqueur; Butterscotch schnapps, Baileys, Kahlua, Tia Maria or Amaretto 16.5

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